

An introduction to working with groups workshop

15th November 2016, University of Salford, Manchester
Cost: £250 + VAT per person

Have you wondered about setting up a group and want to have the skills to plan and facilitate it effectively?

Or perhaps you're already running a group and want to increase your capacity to understand and manage group dynamics?

This one day experiential workshop will give you a chance to explore some key areas, from a practical perspective, aimed at helping you plan and run groups effectively.

The workshop will cover an introduction to the following:

- Why work in groups? To consider the advantages and disadvantages of using group work
- How can I understand what happens in groups? To increase awareness of group dynamics, including unconscious processes in groups
- What do I need to do to work well with a group? To develop understanding of how to facilitate a group effectively and have an opportunity to try this out in practice.
- How can I promote equality and inclusion in groups? Anti-discriminatory practice in group work
- Trouble shooting - dealing with difficulties in groups

Workshop tutor:

Sheila King has over 20 years' experience as a mental health practitioner, group facilitator, lecturer and trainer in London, Bristol and Manchester.

She has worked at the University of Salford as a lecturer in Counselling and Psychotherapy since 2007 and worked for 13 years in clinical practice as a mental health counsellor at the Department of Clinical and Health Psychology, Manchester Mental Health and Social Care Trust. Sheila has facilitated groups of different kinds in educational, health, and social services settings.

Registration

To book your place on the course please email eleanor@onecpd.co.uk or call **0161 295 0115**

Alternatively, please follow this link <http://spd.msgfocus.com/k/Spd/message> and **fill in the form.**