

# Delivering the Five Year Forward View for IAPT

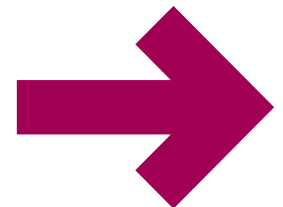
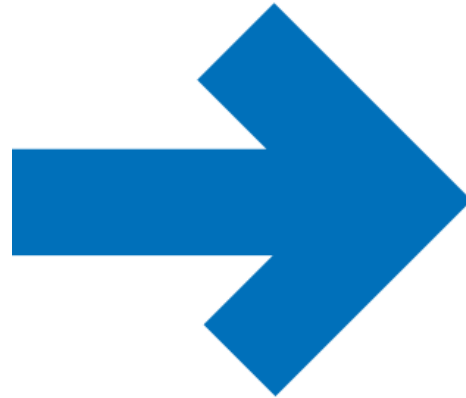


# Key Publications

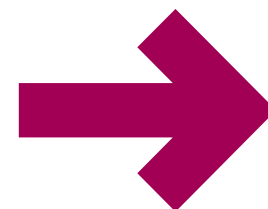
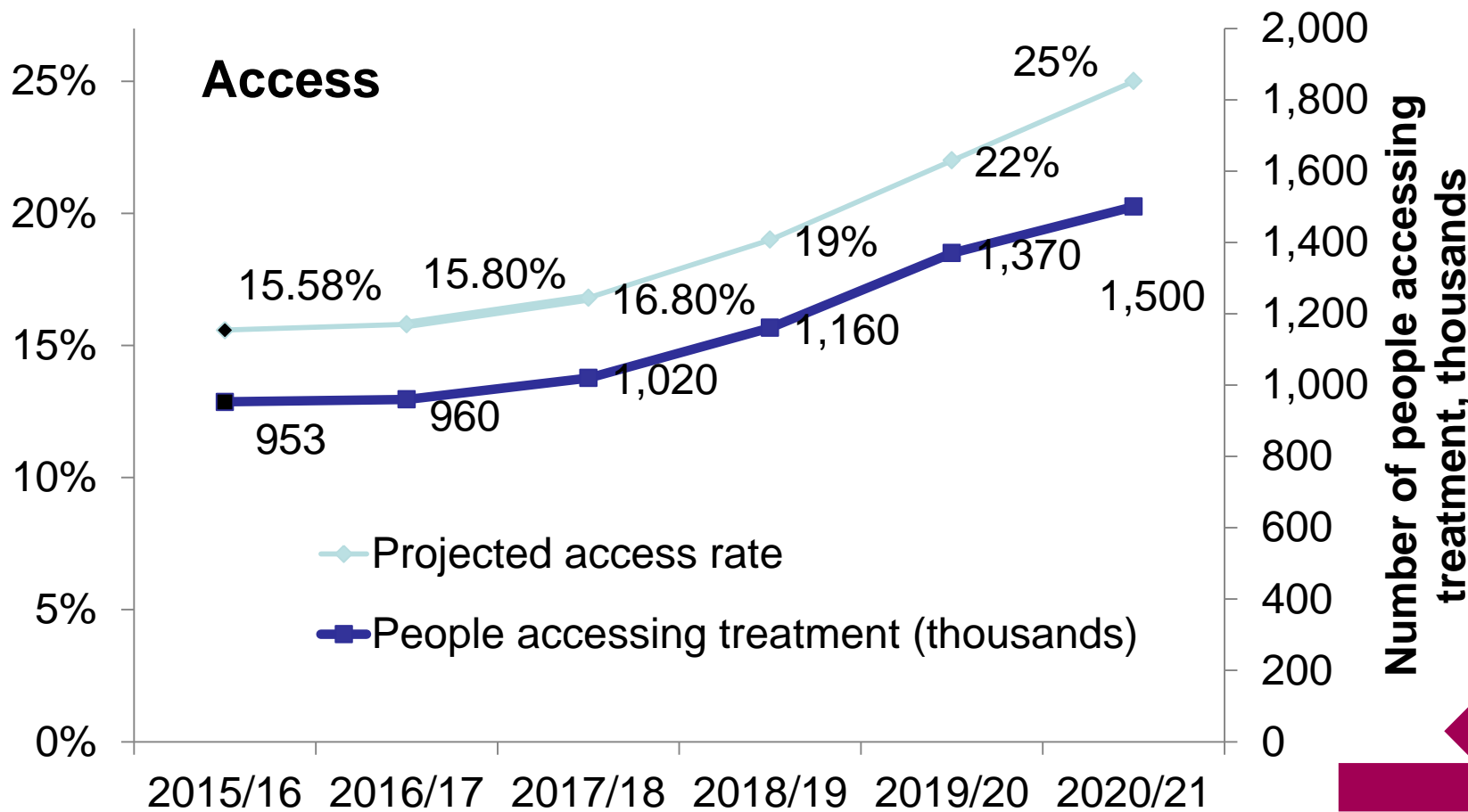


**GENERAL PRACTICE  
FORWARD VIEW**  
APRIL 2016

NHS Operational Planning  
and Contracting Guidance  
2017-2019

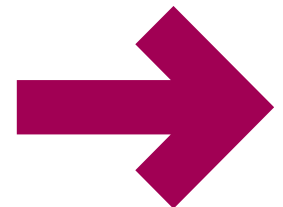


# Commitments: Increase access to 1.5m people a year



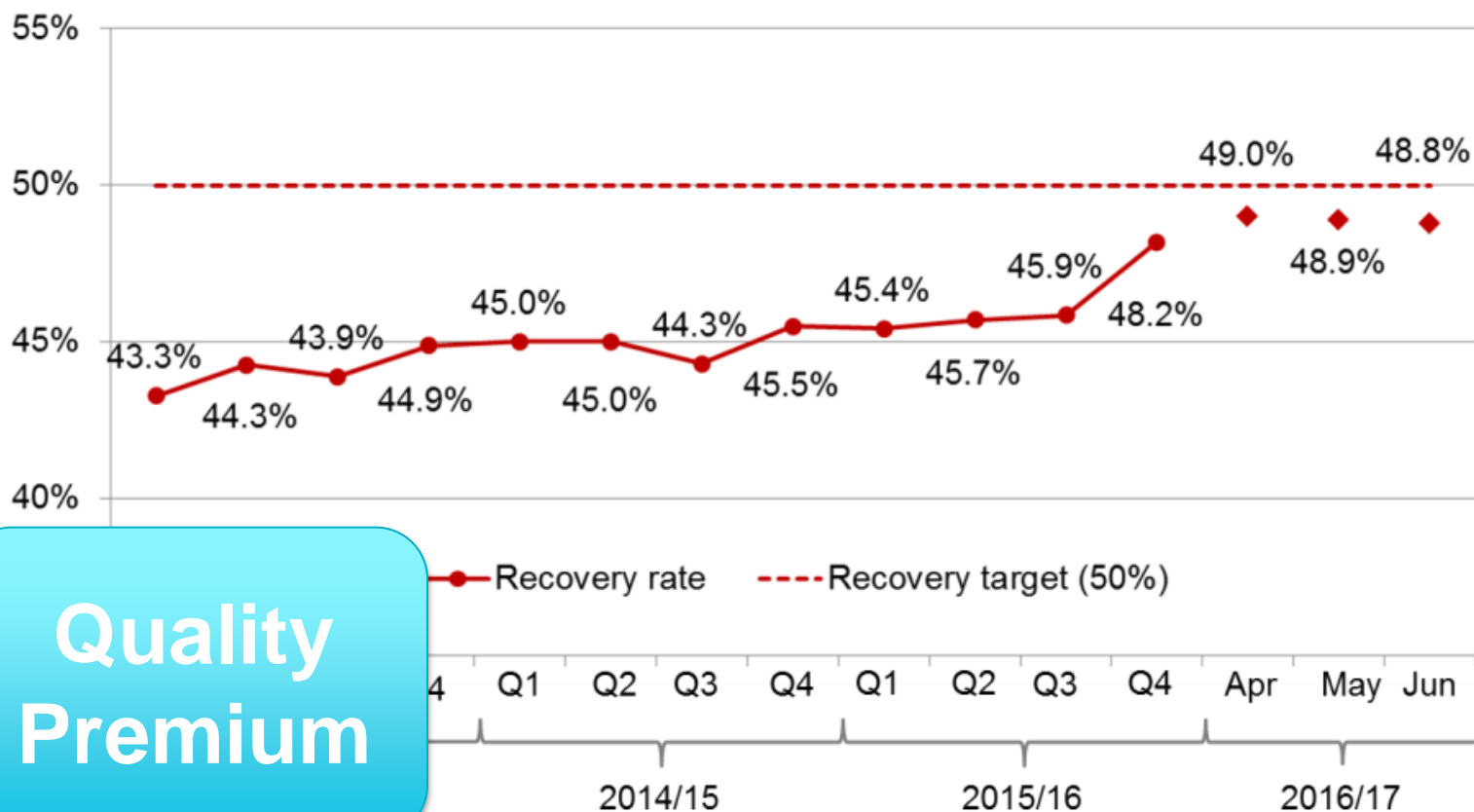
# Commitments: More than double the number of employment advisors in IAPT

Around 90 CCGs to take part in extensive testing of employment advisors in IAPT – gathering rigorous information for 2020/21

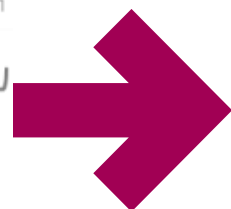


# Commitments: improve quality and outcomes for the whole population

Recovery Rate

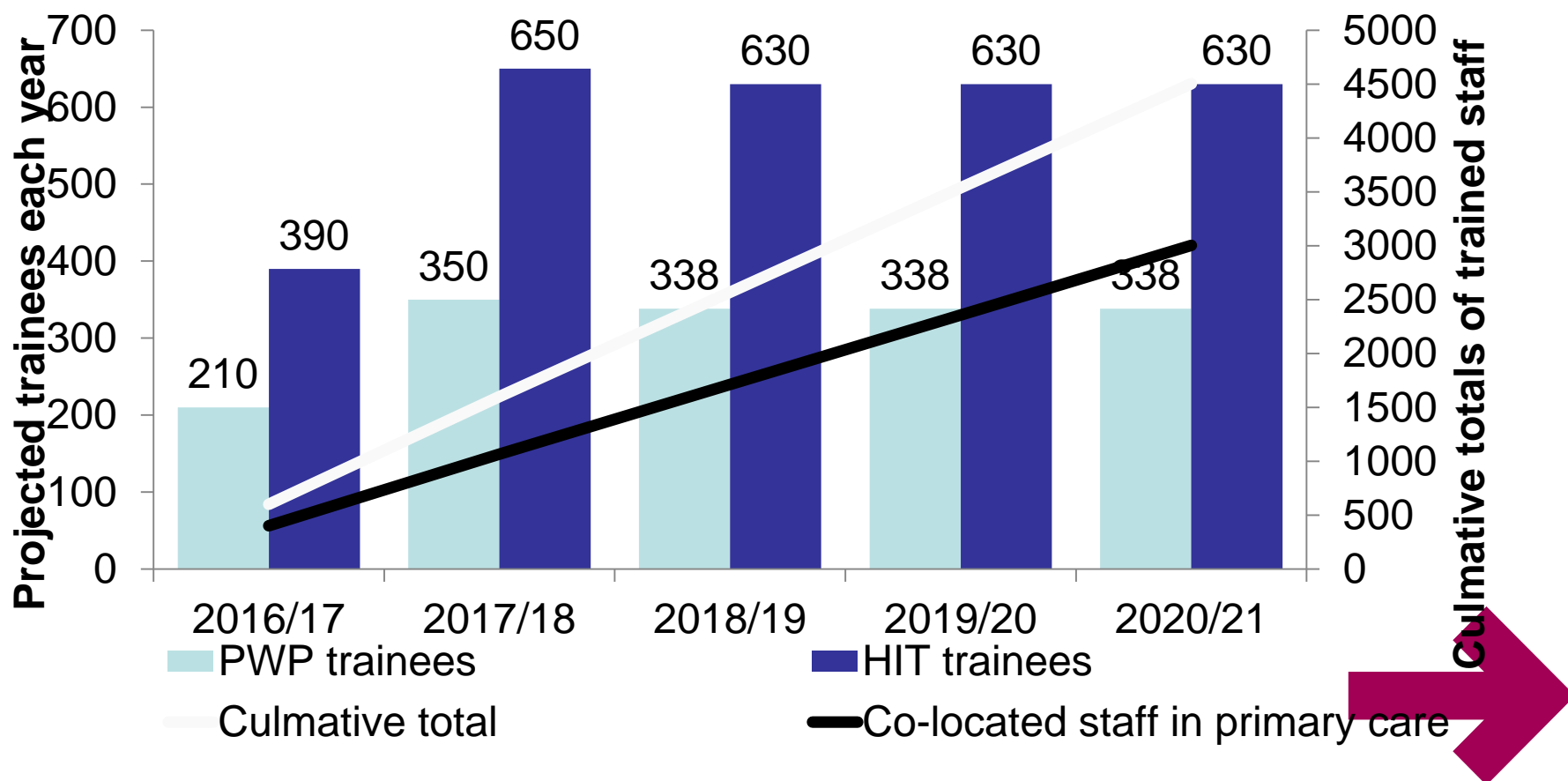


**Quality  
Premium**



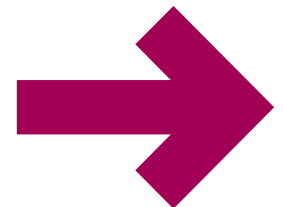
# Commitments: build capacity in the workforce

## Projected trainee numbers



# Commitments: Integrated IAPT services

- Two thirds of expansion to be ‘Integrated IAPT’ services – integrated with physical health pathways for people with long term conditions or distressing and persistent medically unexplained symptoms.
- In 2016/17 and 2017/18: Early Implementers supported centrally
- From 2018/19, CCGs to commission integrated IAPT services

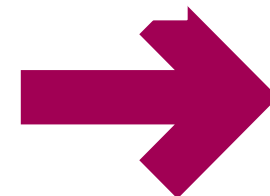


		2016/17	2017/18	2018/19
<b>Financial Incentives</b>	Outcomes based tariff	Preparation	Shadow implementation	Full implementation
	Quality Premium		Quality Premium Active	
<b>Supporting productivity</b>		Digital information for commissioners published	Further work on promoting digital uptake	
<b>Guidance and building evidence</b>	Guidance	Interim implementation guidance for integrated IAPT	Updated guidance for integrated IAPT. Updated Core IAPT guidance published	
	New evidence	Commission analysis of early implementers	Initial evidence from analysis	Final evidence from analysis
	Comms	Regular communications on the case for expansion – including evidence, best practice and fit with system priorities		

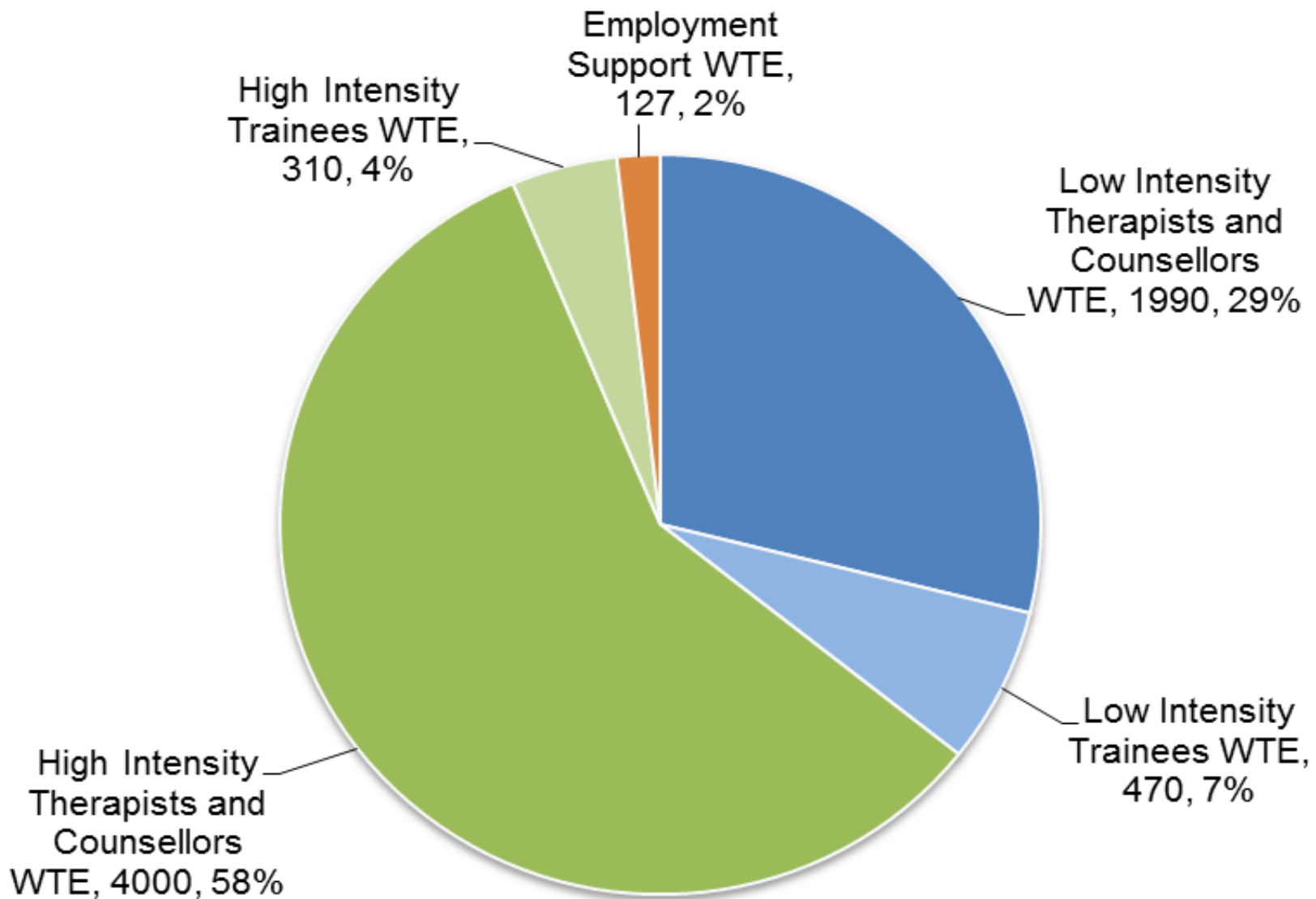


# Workforce – where are we now?

- Around 6000 WTE therapists in current workforce
- Participation rate higher for CBT than other therapy modalities
- 427 WTE vacancies
- Leaver rate is 22% for Psychological Wellbeing Practitioners (PWPs), 9% for High Intensity Therapists (HITs). Work underway to better understand these rates.
- Some evidence of poor workforce wellbeing



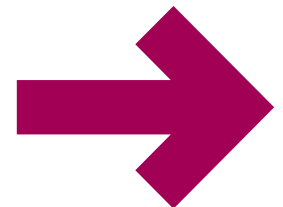
## Composition of the IAPT Workforce (WTE)



# Sustainability: how do we build a sustainable IAPT workforce?

## Ideas for action

- Understand why people leave and where they go, and how this varies across the country
- Support staff wellbeing – national post and scoping
- Broaden routes into IAPT – explore different recruitment and training strategies to improve sustainability and representativeness of IAPT workforce
- Develop training offer, e.g. CDP for long term conditions / medically unexplained symptoms
- Networks and peer support



# Questions and discussion

