

North West IAPT Leadership & Innovation Forum Event

“Putting the Service User at the Centre of IAPT”

IAPT Update Workforce, Education & Key Priorities

2016 / 17 IAPT Commissioned Training

- Expressions of interest for PWP & HI Training 2016/17 places now in and being processed
- CPD Choice Commissions - IPT / CfD / Couples / DIT all commissioned for 2016/17 (Via UCLan & NSCAP)
- Supervision Training Module – Uni of Chester – Via CPD-Apply
- Top-up for existing professionals – Via CPD-Apply
- EMDR training places
- PIT Training for PWPs - **‘Empathy Skills Training for Psychological Wellbeing Practitioners’** 7th, 8th and 9th of February 2017, University of Manchester.

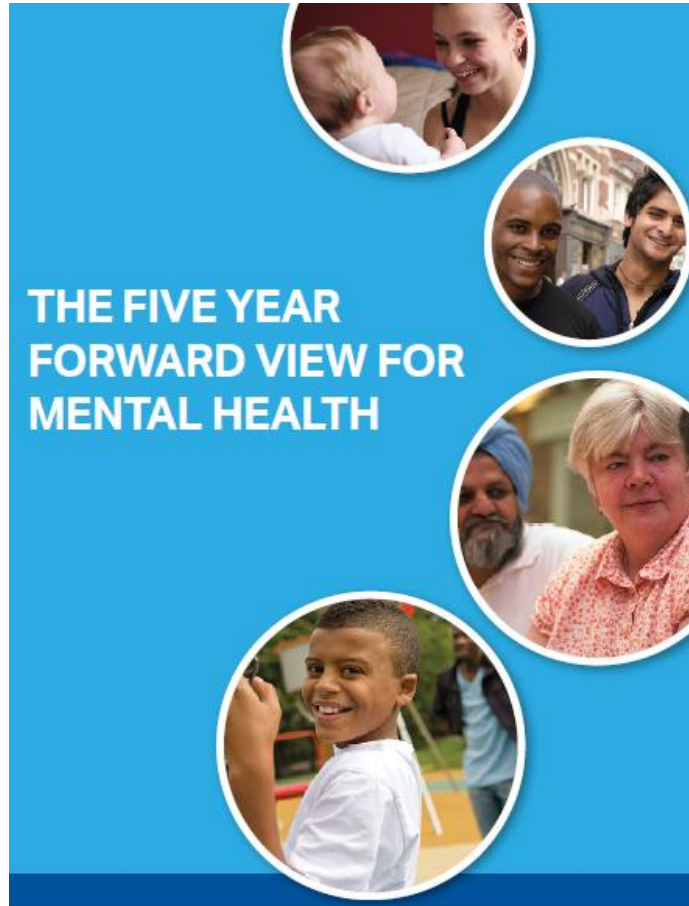
HEE IAPT Education Commissioning Lead

laura.dunaway@nhs.net

IAPT Census

- Due out shortly
- Workforce Issues likely to be highlighted:
 - Retention of PWPs / HITS less so
 - Number of ‘untrained’ practitioner delivering Step 2 Services
 - Under developed choice of therapy

5 Year Forward View for MH. A report from the Independent MH Taskforce to NHS England



A report from the independent Mental Health Taskforce to the NHS in England
February 2016

- 20 000 people involved
- Chair - Paul Farmer, MIND

3 Key Themes:

- Access To High Quality 7 Day Services (Urgent & Emergency Care; Liaison MH)
- Integration of Physical & MH Care in Hospital & PC (IAPT – LTCs & MUS; Perinatal; Premature mortality)
- Prevention (CYP; employment support; CJ System; PH; Suicide prevention)

Plus

- Need to 'Hard wire the system' – stigma; timely access; capture & flow of data

Couple of Key Messages

- CYP funding is additional
- CCGs should be increasing MH spending above baseline
- 'Invest to save'

The Five Year Forward View for Mental Health

Mental Health Taskforce Implementation Plan

- **HEE Mandate - IAPT Deliverable by 2020/21:**
- (i) Provide for a further expansion of access to integrated psychological therapies for adults with anxiety and depression to reach 25% of need, with a focus on those with long-term physical health conditions and people who are out of work.
- (ii) Trial new models for delivering psychological therapies and building a robust invest-to-save case for integrating psychological therapies into primary care and secondary acute specialist teams to support the wider expansion programme and to increase access for adults with psychosis, bipolar disorder and personality disorder.

What's Coming?

2016/17

- New LTCs module being developed for PWPs and HIT
- Identification of early adopter sites for 2016
 - Upskill existing staff
 - Back fill
 - Trial new delivery models

2017/18

- Continue full roll out year one further funding followed by invest to save model up to 2021

Innovation & Transformation

- Assistant Practitioners for IAPT
- Diagnostics and Science for Mental Health in NW
- Accreditation of Psychological Services – First cohort report published
- What else have you been doing – we want to hear