







Wellbeing of the Workforce Working Together for Psychological Health & Wellbeing

Tuesday 10th November 2015 9:00am – 4:30pm

Bolton Whites Hotel

Macron Stadium, De Havilland Way, Bolton, Manchester, BL6 6SF

West Stand, Level 2, The Platinum Suite

PROGRAMME

09:00 - 09:30	Arrival, Registration & Refreshments
09:30 - 09:40	Welcome & Introduction Clare Baguley, Programme Manager, North West Psychological Professions Network, Health Education North West
09:40 - 10:00	Opening Address Gita Bhutani, Chair, North West Psychological Professions Network
10:00 - 10:35	What Do We Know About Wellbeing? Peter Kinderman, Professor of Clinical Psychology, University of Liverpool
10:35 - 11:10	What Does Research Tell About Wellbeing in the Workplace? Tarani Chandola, Professor of Medical Sociology, The University of Manchester
11:10 - 11:40	Refreshments & Networking
11:40 - 12:15	Enabling Wellbeing in the Workplace - Implementing Schwartz Rounds in the North West John Gillespie, Head of Clinical Education, North West Ambulance Service NHS Trust
12:15 - 12:45	Panel Discussions & Questions Gita Bhutani, Chair, North West Psychological Professions Network Peter Kinderman, Professor of Clinical Psychology, University of Liverpool Tarani Chandola, Professor of Medical Sociology, The University of Manchester John Gillespie, Head of Clinical Education, North West Ambulance Service NHS Trust

12:45 - 1:30	Lunch & Posters
1:30 - 2:15	PPN North West Updates & Launch of the Physical Health and Psychological Approaches Animation Clare Baguley, Programme Manager, Psychological Professions Network, Health Education North West Lucie Byrne-Davis, Registered Health Psychologist and Lecturer, Manchester Medical School
2:15 - 2:45	The Role of Leadership in Promoting Wellbeing of the Workforce Richard Barnard, Deputy Clinical Director Psychological Services, Manchester Mental Health and Social Care Trust Duncan Craig, Chief Executive Officer, Survivors Manchester
2:45 - 3:15	Refreshments & Networking
3:15 - 4:15	Delegate Round Table Discussions Clare Baguley, Programme Manager, Psychological Professions Network, Health Education North West
4:20 - 4:30	Summary Gita Bhutani, Chair, North West Psychological Professions Network
4:30	Close