



## **PPN North West Launch Event: Speaker Biographies**

### **Dr Cathy Amor, Senior Clinical Tutor, Lancaster University & Registered Clinical Psychologist**

Dr Cathy Amor has worked as an applied Psychologist for many years. She is registered as both a Clinical Psychologist and an Occupational Psychologist. Cathy is a Senior Clinical Tutor on the Lancaster DClinPsy programme. She has interests in the psychology of public health and in compassionate mind training and therapy. She is an accredited Cognitive Analytic Therapist.

### **Clare Baguley [clare.baguley@nw.hee.nhs.uk](mailto:clare.baguley@nw.hee.nhs.uk), North West Psychological Professions Network Lead & IAPT Education Programme Lead, Health Education North West**

Clare is the Psychological Professions Network Lead employed by Health Education North West. She trained as a Cognitive Behaviour Therapist at the Oxford Centre for Cognitive Therapy in 1998, having initially qualified as a mental health nurse in Sheffield and then working as a community psychiatric nurse in Tameside, Greater Manchester. In 2004 she moved to The University of Manchester to establish the skills based Graduate Workers in Primary Care Mental Health Programme. This evolved into the post-graduate education programme for Psychological Wellbeing Practitioners under the Department of Health's Improving Access to Psychological Therapies (IAPT) programme, and latterly developed to incorporate pathways in dementia care and psycho-social interventions for psychosis. Subsequently Clare became the IAPT North West Education Programme Lead with responsibility for managing and developing the interface between universities in the region and their clinical practice partners. She has published papers and book chapters and contributes regionally and nationally to training and conferences on primary care mental health. Clare is a member of the COINCIDE research team within the NNIHR Collaboration for Leadership in Applied Health Care Research (CLAHRC), which is concerned with investigating the impact of training practitioners to be able to work more effectively with symptoms of anxiety and depression with the aim of enhancing self-management of long-term medical conditions. She is also a non-executive Director of Six Degrees a Social Enterprise set up to provide primary care mental health services in Salford.

### **Dr Gita Bhutani [Gita.Bhutani@lancashirecare.nhs.uk](mailto:Gita.Bhutani@lancashirecare.nhs.uk), Chair, North West Psychological Professions Network & Professional Lead Psychological Services, Lancashire Care NHS Foundation Trust**

Gita is a Clinical Psychologist and has specialised in working with older people and adults in Glasgow, Salford and now Lancashire. Gita's current role is as Professional Lead for Psychological Services at Lancashire Care NHS Foundation Trust. This post combines a governance and leadership role with service management. Gita's current clinical work is within the Lancashire Traumatic Stress Service. Her current clinical and research interests are in older people, post-traumatic stress, physical health aspects of mental health and promoting mental health. Gita has developed and delivers well-being training package for staff 'Looking After You, Looking After Me' (LAMLAY) and has presented at conferences in this area. She also contributes to national and professional bodies including committee work and roles at NICE, BPS Division of Clinical Psychology and a regional Mindfulness and Recovery project.



**Professor Ged Byrne, Director of Education & Quality, Health Education North West**

Ged is a surgeon by profession. Having graduated in Manchester in 1989, he trained in Manchester, Scotland, India and the West Midlands returning to Manchester as a clinical lecturer in 1997. Having been appointed a senior lecturer and consultant in 2000, he was appointed Hospital Dean in South Manchester in 2004. Ged founded the Universities' Medical Assessment Partnership in 2003 and became the founder director of the Medical Schools' Council Assessment Alliance. Ged also led the establishment of the University Hospital of South Manchester Academy in 2009. In 2010 he became professor of medical education at The University of Manchester (UoM) and was awarded a National Teaching Fellowship by the Higher Education Academy. In 2012 Ged became Associate Dean for Communications at the Faculty of Medical and Human Sciences at The University of Manchester and an honorary Professor of Health Sciences at the University of Salford. He has a particular interest in Global Health education and recently founded the Uganda UK Healthcare Alliance with Lord Nigel Crisp.

**Jeremy Clarke CBE - Keynote Speaker: Ministerial Advisory Group for Mental Health & Co-Chair, Department for Work & Pensions Mental Health Advisory Group; Chair, New Savoy Partnership**

Jeremy is a Psychological Therapist and an accredited supervisor in the new Dynamic Interpersonal Therapy treatment for depression (DIT) that has been pioneered in IAPT. After qualifying as a State Registered Teacher from Leeds University in 1984, he taught in schools in Huddersfield and Chester, before moving down south and becoming lost to education for good. As proof of this he is on the Executive of the Association for Psychoanalytic Psychotherapy in the NHS, and an Editorial Advisor to the association's journal *Psychoanalytic Psychotherapy*. Since 2007 he has run the New Savoy Conference and been National Professional Adviser to IAPT until April 2013, as well as National Clinical Lead for the 2nd National Audit to April 2014. He works in the original IAPT pilot service, now Newham Talking Therapies, where he is part of an RCT evaluation of DIT and supervises other DIT therapists in IAPT services in South London. He is a Registered Counsellor with the British Association for Counselling and Psychotherapy, and was made a Fellow of BACP, and awarded a CBE for services to mental health in 2012.

**Keynote Abstract**

**'EDUCATING LANCASHIRE - & SOME OTHER NORTHERNERS'**

**The challenge and opportunities for a new Psychological Professions Network for the North West**

In my presentation I want us to think about the radical journey we embarked upon under the previous government and, at this important milestone event, which represents 'the beginning of the end' phase for this government's mental health strategy through to 2015, what kind of profession we see ourselves collectively being capable of becoming in the next 2-3 decades?

I will be discussing unemployment and welfare reform as one of the key policy drivers whatever mix of government gets in next, and reviewing the promise that the Improving Access to Psychological Therapies Programme (IAPT) started out with in relation to depression and anxiety, and the contribution that reducing the burden of these diseases does (or does not) appear to make towards tackling unemployment. I hope to be able to say a little about a new pilot where we will be starting to test some new integrated service models in the Greater Manchester area - and linking this back to



my main question: what *social value* should we be aiming for in arguing for *further investment in our psychological therapies professions*?

**Dr Lynne Goodacre, Assistant Director, NHS Research & Development North West**

Lynne trained as an Occupational Therapist and over the last 30 years has worked in the NHS, in a voluntary sector user led organisation and academia. She has extensive experience of working in postgraduate education in the development and delivery of Masters level programmes and the supervision of Masters and Doctoral level students and postdoctoral researchers. Lynne's research interests are focused on understanding the experience of living with and managing long term conditions with a specific interest in rheumatological impairments. She is actively engaged in programmes of research in this area and has co-authored publications related to rheumatology practice. She facilitates a number of clinical research networks in the North West. She has been Chair of the Research and Development Board at the College of Occupational Therapists, Editor of the British Journal of Occupational Therapy and a member of Council of the College of Occupational Therapists. She undertakes grant reviews for a wide range of funding bodies and reviews papers for a number of academic journals.

**Dr Claire Maguire, Consultant Clinical Psychologist, Professional & Clinical Lead for Psychological Therapies, Pennine Care NHS Foundation Trust & Vice Chair of NHS Bury Commissioning Board**

Claire Maguire is a Consultant Clinical Psychologist and Psychodynamic Psychotherapist. She is the professional and clinical lead for Psychological Therapies at Pennine Care NHS Foundation Trust. For the past 10 years Claire has also been employed as a Health Commissioner and has acted as the Vice Chair of NHS Bury's Commissioning Board. She has recently become a member of the Clinical Cabinet for the newly established Bury CCG. Claire has been involved in the National development of IAPT services for Children and Young People since 2007 when Bury established the first Pathfinder site. She has also led the development of a specialised IAPT service for Military Veterans and their families that covers the North West of England. She currently represents the British Psychological Society on the Joint Commissioning Panel of the Royal Colleges of Psychiatry and General Practice.

**Sue Louth, North West AHP Workforce Lead & Co-Chair of North West AHP Workforce Board, Health Education North West**

Sue qualified as a Dietitian in 1990 and undertook a series of clinical and leadership roles in a number of hospitals. 1996-2004 was Dietetic Manager across an acute hospital trust and their local community services. 1999-2002 also undertook the role of lead manager for education and training across the AHP services and from 2002-2004 was the AHP lead role for clinical governance. In 2004 moved into a post as Clinical Governance manager within the medical directorate of a large acute hospital before moving to current role in 2006. Sue is responsible for the management and delivery of work programmes to support the development of the regional Allied Health Profession (AHP) workforce, to ensure it is fit for purpose and able to deliver excellent care. This includes developing leadership capability, supporting the work of the North West Workforce Transformation team to develop new ways of working and innovative roles, supporting strategies for graduate employment and influencing CPD priorities. Sue is also Co-chair of the North West AHP Workforce Board and through this Board facilitates the provision of professional workforce and education intelligence to



key stakeholders. Also provides professional leadership to all AHPs across the region and ensures there are effective systems in place to support two way communications with them.

**Neil McLauchlan, Associate Head for Education & Commissioning, Health Education North West**

Having trained as a nurse, Neil's early career saw him work in London, India and Ireland, predominantly in respiratory medicine and clinical teaching. He moved to the North West in 1987, initially working as a clinical manager and then in general management at Wythenshawe Hospital. Neil's role at Health Education North West involves commissioning, procuring and performance managing healthcare education in higher education and with NHS and associated organisations. It covers both pre and post registration education and links closely with workforce planning and modernisation. Neil also leads on workforce issues for Allied Health Professions, Healthcare Science, Pharmacy and Clinical Psychology and manages the contracts for post basic mental health education, PSI, advanced dementia care and primary care mental health education. Neil is a trained organisational development facilitator with experience across a range of groups and organisations.

**Workshop Facilitators & Members of the PPN North West Interim Steering Group:**

Zubeida Ali, Professional Lead for Counselling, Adult Mental Health, Lancashire Care NHS Foundation Trust

Dr Lara Bennett, Senior Clinical Tutor, D.Clin Psy., The University of Manchester

Dr Laura Golding, Academic Director, D.Clin.Psy., University of Liverpool

Dr Jim Williams, Clinical Director, D.Clin.Psy., University of Liverpool

Dr Paul Wallis, Director of Psychological Services/CAMHS, Central Manchester University Hospitals NHS Foundation Trust

Dr Gundi Kiemle, Senior University Clinical Teacher, University of Liverpool & Consultant Clinical Psychologist, Bolton NHS Foundation Trust

Louise Robinson, Healthcare Division Development Manager, British Association for Counselling & Psychotherapy